

# TRAIN THE TRAINER



## Module One - Introduction

- ▶ What Makes a Good Training Course?
- ▶ Qualities of Effective Trainers
- ▶ Training or Coaching

## Module Two - Planning & Preparation

- ▶ Training Needs Analysis
- ▶ Getting the Environment Right
- ▶ Anticipating & Avoiding Problems
- ▶ Continuous Development

## Module Three - Methodology

- ▶ The Learning Cycle
- ▶ Setting SMART Learning Objectives
- ▶ Learning Styles
- ▶ How & Why Adults Learn
- ▶ Motivating the Self Learning Process
- ▶ Measuring Learning
- ▶ Preparing Lesson Plans

## Module Four - Delivering Dynamic Training

- ▶ A Step by Step Approach
- ▶ Generating Rapport & Maintaining Interest
- ▶ Using Training Aids
- ▶ Participative Presenting

## Module Five - Delivery Skills

- ▶ Identifying Learner Expectations
- ▶ Icebreakers & Energisers
- ▶ Balancing Telling & Doing
- ▶ Understanding Training Style Preferences
- ▶ Running "Hands On" Practical Sessions
- ▶ Facilitation Skills
- ▶ Questioning Techniques

## Module Six - Effective Communication

- ▶ Using Your Voice for Maximum Impact
- ▶ Non-verbal Communication
- ▶ Module Seven - Disparate Skills & Experience
- ▶ Mixed Status
- ▶ Dealing with Luddites
- ▶ Managing Disruptive Behaviour

**Duration: 2 Days**

**Price Per Delegate: £595**  
(Public Scheduled Course)

**Price Per Course: £2,495**  
(On-Site at Customer Premises)

### Suitable For:

Managers, Team Leaders or Trainers who are responsible for training and coaching on either a one-to-one basis or to small groups.

### Learning Outcomes:

The course incorporates fundamental coaching and training techniques related to real life practical scenarios and explores learning styles, preparation for delivery and structuring lesson plans.

### Course Preparation:

During the course, delegates will be required to demonstrate the skills they have learnt by delivering a number of short coaching and training sessions. In preparation for this, please consider the subject areas of the sessions you will deliver before attending this course.