

MENTAL HEALTH AWARENESS



The Difference Between Mental Health and Mental Illness

- ▶ Distinguishing between mental health and mental illness

The Stigma and Discrimination Associated with Mental Distress

- ▶ Labelling
- ▶ Stigma and barriers

The Common Conditions

- ▶ Conditions and classifications

Anti-Social Behaviour

- ▶ Associations to anti-social behaviour
- ▶ Categories of anti-social behaviour

Working with Service Users

- ▶ Recommendations for satisfactory working with mental health service users

Local and National Support Services

- ▶ Steps for networking with local agencies
- ▶ Addressing stigma and reassuring
- ▶ Local and general organisations

Duration: 1 Day

Price Per Course: £1,295
(On-Site at Customer Premises)

Suitable For:

To provide delegates with an understanding of mental health issues with special reference to issues of antisocial behaviour and social housing.

Learning Outcomes:

By the end of the course delegates will have an increased knowledge and understanding of mental health issues, based on the perspective of those who experience mental distress.